

ACV Defresher







Ingredients

- 1 to 1.5 ounce unfiltered apple cider vinegar
- Juice from one lime
- Sparkling water (your choice if it is flavored or not) or club soda
- Ice
- 1/4 tsp Sea salt

Instructions

- 1 Fill the drinking glass halfway with ice.
- 9 Add apple cider vinegar.
- Add juice from lime.
- 4 Slowly pour your sparkling water/club soda don't fill all the way to the top though!
- 5 Add sea salt and mix.

Feel free to customize this recipe and play around with the serving sizes to satisfy your tastebuds! We highly recommend salt on your rim of your glass or even tajin!





