



# Street Parking Go-to Breakfast



prep time  
5 minutes



total time  
10-15 min



servings  
vary

## Ingredients

- Egg whites or Eggs
- Oats
- Berries of choice
- Nut butter of choice

## Instructions

- 1 Begin to cook oats based on the instructions of the package.
- 2 While oats are cooking, you can scramble your egg whites or eggs.
- 3 Once the egg whites/eggs and oats are cooked, you can transfer to your bowl.
- 4 Add in your fruit and nut butter.
- 5 Your choice to mix together or eat separately, but enjoy!



If you want to add some veggies to this meal, frozen cauliflower rice can be added to provide an increase in volume. Do NOT cook the cauliflower rice first though. Of course you can always add any other veggies you wish on the side.